

Alone (loneliness)

My Dear Child,

It makes me sad that you feel alone.

Maybe you have lost someone– maybe someone died, a relationship ended– or you have been rejected by someone you love.

Maybe you are having trouble fitting in, or have been ridiculed or left out of something that was important to you.

I understand how, when these things happen, it is easy to feel alone and abandoned. Please know that really you are not alone, because I am right here with you– always remember that.

Don't let yourself get too caught up in loneliness– remember the truth: that the best friend you'll ever have– the only one who will never reject you or abandon you (ME!!!) is right here.

**I love you more than words can say,
Your best friend and brother– Jesus**